



NZ Recommendations for Maternal & Close Contacts Vaccination

During pregnancy, immunisation can help protect you and your newborn baby against diseases and their complications so you can get on with raising your precious pēpē. Vaccination during pregnancy is funded, but some vaccines may be recommended for your whānau that may not be funded.¹

Ask your pharmacist, doctor, or nurse to review your immunisation history and ensure that you're up to date.

COVID-19

COVID-19 is a respiratory infection. Older adults, pregnant woman and those with certain health conditions can experience more serious illness.^{1,2}

- **Funded:*** Recommended for adults including for individuals during pregnancy.^{1,3} Discuss with your healthcare professional.

INFLUENZA (FLU)

Influenza is a common viral illness, predominantly occurring during winter. It can be more serious in the very young, the elderly, pregnant women and those with certain health conditions.^{1,2}

- **Funded (Influvac Tetra):*** 1 dose is recommended and funded annually for people who are pregnant, individuals aged 65 years and over and individuals aged 6 months to under 65 years with eligible conditions.^{1,3}
- **Recommended but not funded:** Anyone aged from 6 months, annually (if not eligible under funding criteria).¹

Tdap – TETANUS, DIPHTHERIA AND PERTUSSIS

TETANUS results from tetanus bacteria entering a wound, particularly those contaminated with soil, dust and manure. The toxin released affects muscles.^{1,2}

DIPHTHERIA is a rare disease which causes infection of the throat, nose and skin.^{1,2}

PERTUSSIS also known as whooping cough, is a bacterial and easily spread respiratory infection. Outbreaks occur in New Zealand every 3-5 years and infants aged under 12 months are at highest risk of serious infection.^{1,2}

- **Funded combined Tdap vaccine (Boostrix):*** During each pregnancy, from 45 years in those who have not had 4 previous tetanus doses, if you're 65 years or over.^{1,3}
- **Recommended but not funded:** Booster doses are recommended based on individual risk.¹ Talk to your healthcare professional.

Vaccines have risks and benefits. Please refer to the prescribing information and consult your healthcare professional first.

If you have a health condition such as diabetes, a respiratory or heart condition, or your immune system is weakened due to illness or treatment, contracting a vaccine preventable disease could be more serious than for healthy individuals. Individuals with certain health conditions are eligible for some funded immunisations under special funding criteria. Let your healthcare professional know if you think this may apply to you.¹

**Would've.
Could've.
Should've.
Did** ☒

*Please see Pharmaceutical Schedule for full funding criteria.

References: 1. Health NZ, Immunisation Handbook v6, 2024. 2. Immunisation Advisory Centre. Vaccines and Diseases. 2024 ([immune.org.nz](https://www.immune.org.nz)) and link to <https://www.immune.org.nz/vaccines-and-diseases/all-diseases> 3. Pharmaceutical Schedule New Zealand Online - Vaccinations (pharmac.govt.nz).

The Consumer Medicine Information (CMI) for MenQuadfi and Influvac Tetra is available at www.medsafe.govt.nz Trademarks are property of their respective owners.

A prescription may not be required for some vaccines in pharmacy. Ask your pharmacist.

BOOSTRIX (combined diphtheria, tetanus, and acellular pertussis (dTpa or Tdap) vaccine), a prescription medicine, is indicated for booster immunisation of people aged 4 years and older against diphtheria, tetanus, and pertussis (whooping cough). A 0.5 mL dose contains not less than 2.5 LfU of diphtheria toxoid, not less than 5 LfU of tetanus toxoid, and three purified antigens of Bordetella pertussis (8mcg of pertussis toxoid, 8 mcg of filamentous haemagglutinin, and 2.5 mcg of pertactin). **BOOSTRIX is funded for 11 year olds, pregnant women in the second or third trimester of each pregnancy, and for primary caregivers of infants admitted to Intensive Care Units for more than 3 days if maternal vaccination was not given more than 2 weeks before birth. It is also funded for people from 65 years old, and people from 45 years old who have not had 4 previous doses of tetanus vaccine, for vaccination of previously unimmunised or partially immunised patients, for revaccination following immunosuppression and for boosting of patients with tetanus-prone wounds.** See full funding criteria at pharmac.govt.nz. Normal doctor's charges apply. **BOOSTRIX has risks and benefits.** Ask your doctor or pharmacist if **BOOSTRIX** is right for you. **Use strictly as directed.** If you have side effects, see your doctor, pharmacist or healthcare professional. **Additional Consumer Medicine Information (CMI) is available at www.medsafe.govt.nz**



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